

Northern Cambria Catholic School Lunch Menu September 2018-2019

**DAILY LUNCH
OPTIONS :**

Option B
Monday
**Hamburger w/
 Lettuce & Tomato**
Tuesday
**Chicken Nuggets
 w/ Bread**
Wednesday
Hot Dog
Thursday
**Chicken Tenders
 w/ Bread**
Friday
Pizza

Available Daily:
Option C
Chef Salad w/ Bread

**A variety of fresh fruits
 and vegetables including
 Fresh Baby Carrot Cups &
 Broccoli Floret Cups**

Menu Subject to Change

Milk Choices:
1% White & Flavored
Skim Milk

The Nutrition Group
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<u>MONDAY</u>	<u>TUESDAY</u>	<u>WEDNESDAY</u>	<u>THURSDAY</u>	<u>FRIDAY</u>
3 Ham & Cheddar Cheese Panini Lettuce & Tomato Cup Carrot Coins Tropical Pineapple Tidbits Low Fat Milk Option B Option C	4 Buffalo Chicken Pizza Sweet Succulent Peas Mixed Fruit Low Fat Milk Option B Option C	5 Chicken & Waffles Creamy Mashed Potatoes Sliced Luscious Strawberries Low Fat Milk Option B Option C	6 Pizza Burger Tossed Salad Chilled Applesauce Low Fat Milk Option B Option C	7 Breaded Chicken Tenders w/Dinner Roll Seasoned Green Beans Citrusy Mandarin Oranges Low Fat Milk Option B Option C
10 Cheese Dog in a Blanket Crispy Oven Baked Fries Flavorful Vegetarian Beans Tropical Pineapple Tidbits Low Fat Milk Option B Option C	11 Beef & Cheese Hard Taco Fresh Sliced Bread Golden Corn Diced Peaches Low Fat Milk Option B Option C	12 Hot Turkey Sandwich w/ Gravy Creamy Mashed Potatoes Diced Pears Low Fat Milk Option B Option C	13 Freshly Baked Italian Dunkers w/ Marinara Sauce Sweet Succulent Peas Tropical Pineapple Tidbits Low Fat Milk Option B Option C	14 Pepperoni Roll Blended Mixed Vegetables Diced Pears Low Fat Milk Option B Option C
17 BBQ Rib Sandwich Seasoned Green Beans Flavorful Vegetarian Beans Tropical Pineapple Tidbits Low Fat Milk Option B Option C	18 French Toast Sticks Sausage Patty Hash Brown Rounds Diced Peaches Low Fat Milk Option B Option C	19 Popcorn Chicken Bowl Dinner Roll Chilled Applesauce Low Fat Milk Option B Option C	20 Chicken Sticks Macaroni & Cheese Steamed Broccoli Mixed Fruit Low Fat Milk Option B Option C	21 Meatball & Mozzarella Hoagie Sweet Succulent Peas Citrusy Mandarin Oranges Low Fat Milk Option B Option C
24 BBQ Pulled Pork Sandwich Crisp Tater Tots Tropical Pineapple Tidbits Low Fat Milk Option B Option C	25 Beef & Cheese Nachos w/ Fluffy Rice Golden Corn Diced Pears Low Fat Milk Option B Option C	26 Chicken Nuggets Dinner Roll Flavorful Vegetarian Beans Blended Mixed Vegetables Citrusy Mandarin Oranges Low Fat Milk Option B Option C	27 Hot Ham & Cheese Pocket Sweet Succulent Peas Mixed Fruit Low Fat Milk Option B Option C	28 Philly Cheesesteak Sub Peppers & Onions Crispy Oven Baked Fries Chilled Applesauce Low Fat Milk Option B Option C