

GUIDANCE NEWS

April 2020 - Week 1 • Email: nhayes@iu08.org •

I am still here
for you



During school closure time, my goal is to provide some support and resources to help with the transition of being home. I hope you are able to spend quality time together as a family, as well as make it productive and fun! I am working on a website where I will post lots of resources for you! Feel free to reach out to me via e-mail. Please be patient as I will try to get back to you in a timely manner. We're all in this TOGETHER, let's be a TEAM and lean on one another for SUPPORT!

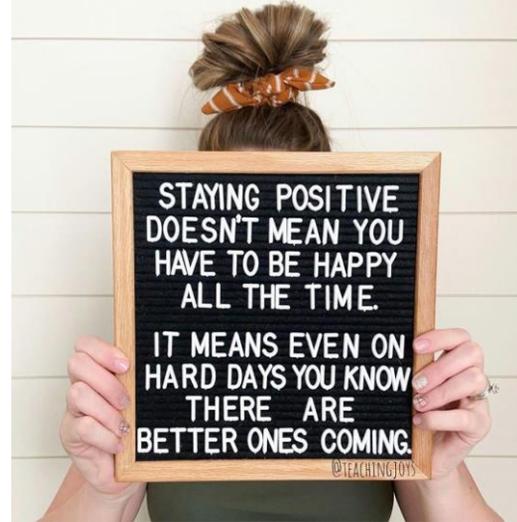
Quick Tip

Create a weekly schedule to maintain structure and you will get more done than you would without a schedule. Do things that you have not been able to because you didn't have time. Learn something new, start a new hobby, read! Make the best of this new "normal".

I MISS ALL OF YOU!

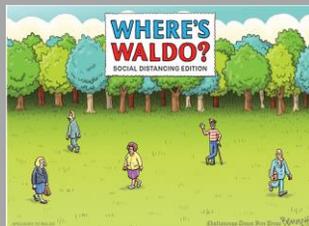
Let me start by saying that I am missing all of you very much! I know this is a tough time for us all as we learn to navigate this thing that most of us are tired of hearing about, yes COVID-19 / Coronavirus, but let's face it, this is our current reality, and it has been life altering for many.

As we are all adjusting and getting used to our new normal, just know that you are not alone in this! Please do not hesitate to reach out for help.



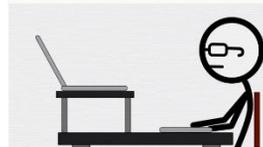
We will get through this, together. I would love to receive notes or pictures on how you all are staying busy during this time. My email address is listed above! ~ Mrs. Hayes :-)

WHAT IS HAPPENING-COVID-19?



Social Distancing
<https://www.redcross.org/about-us/news-and-events/news/2020/coronavirus-what-social-distancing-means.html>

CSGP Grey: Complex Things Explained



Homeschooling
<https://www.today.com/parents/coronavirus-schools-closed-here-show-teach-kids-home-t175904>



Washing Hands
<https://www.youtube.com/watch?v=YBGsoimPXZg>

YOU ARE NOT ALONE! Life has changed for all
“God is our Refuge and Strength” Psalm 46:1