

# Northern Cambria Catholic School Lunch Menu September 2018-2019

**DAILY LUNCH  
OPTIONS:**

**Option B**  
**Monday**  
**Hamburger w/  
 Lettuce & Tomato**  
**Tuesday**  
**Chicken Nuggets  
 w/ Bread**  
**Wednesday**  
**Hot Dog**  
**Thursday**  
**Chicken Tenders  
 w/ Bread**  
**Friday**  
**Pizza**

**Available Daily:**  
**Option C**  
**Chef Salad w/ Bread**

**A variety of fresh fruits  
 and vegetables including  
 Fresh Baby Carrot Cups &  
 Broccoli Floret Cups**

***Menu Subject to Change***

**Milk Choices:**  
**1% White & Flavored**  
**Skim Milk**

**The Nutrition Group**  
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<b><u>MONDAY</u></b>	<b><u>TUESDAY</u></b>	<b><u>WEDNESDAY</u></b>	<b><u>THURSDAY</u></b>	<b><u>FRIDAY</u></b>
<b>3 Ham &amp; Cheddar            Cheese Panini            Lettuce &amp; Tomato Cup            Carrot Coins            Tropical Pineapple Tidbits            Low Fat Milk            Option B            Option C</b>	<b>4 Buffalo Chicken Pizza            Sweet Succulent Peas            Mixed Fruit            Low Fat Milk              Option B            Option C</b>	<b>5 Chicken &amp; Waffles            Creamy Mashed Potatoes            Sliced Luscious            Strawberries            Low Fat Milk              Option B            Option C</b>	<b>6 Pizza Burger            Tossed Salad            Chilled Applesauce            Low Fat Milk              Option B            Option C</b>	<b>7 Breaded Chicken            Tenders w/ Dinner Roll            Seasoned Green Beans            Citrusy Mandarin            Oranges            Low Fat Milk            Option B            Option C</b>
<b>10 Cheese Dog in a Blanket            Crispy Oven Baked Fries            Flavorful Vegetarian Beans            Tropical Pineapple Tidbits            Low Fat Milk            Option B            Option C</b>	<b>11 Beef &amp; Cheese Hard Taco            Fresh Sliced Bread            Golden Corn            Diced Peaches            Low Fat Milk            Option B            Option C</b>	<b>12 Hot Turkey Sandwich w/            Gravy            Creamy Mashed Potatoes            Diced Pears            Low Fat Milk            Option B            Option C</b>	<b>13 Freshly Baked Italian            Dunkers w/            Marinara Sauce            Sweet Succulent Peas            Tropical Pineapple Tidbits            Low Fat Milk            Option B            Option C</b>	<b>14 Pepperoni Roll            Blended Mixed            Vegetables            Diced Pears            Low Fat Milk              Option B            Option C</b>
<b>17 BBQ Rib Sandwich            Seasoned Green Beans            Flavorful Vegetarian Beans            Tropical Pineapple Tidbits            Low Fat Milk              Option B            Option C</b>	<b>18 French Toast Sticks            Sausage Patty            Hash Brown Rounds            Diced Peaches            Low Fat Milk              Option B            Option C</b>	<b>19 Popcorn Chicken Bowl            Dinner Roll            Chilled Applesauce            Low Fat Milk              Option B            Option C</b>	<b>20 Chicken Sticks            Macaroni &amp; Cheese            Steamed Broccoli            Mixed Fruit            Low Fat Milk              Option B            Option C</b>	<b>21 Meatball &amp; Mozzarella            Hoagie            Sweet Succulent Peas            Citrusy Mandarin            Oranges            Low Fat Milk            Option B            Option C</b>
<b>24 BBQ Pulled Pork            Sandwich            Crisp Tater Tots            Tropical Pineapple            Tidbits            Low Fat Milk              Option B            Option C</b>	<b>25 Beef &amp; Cheese Nachos w/            Fluffy Rice            Golden Corn            Diced Pears            Low Fat Milk              Option B            Option C</b>	<b>26 Chicken Nuggets            Dinner Roll            Flavorful Vegetarian Beans            Blended Mixed            Vegetables            Citrusy Mandarin            Oranges            Low Fat Milk            Option B            Option C</b>	<b>27 Hot Ham &amp; Cheese Pocket            Sweet Succulent Peas            Mixed Fruit            Low Fat Milk              Option B            Option C</b>	<b>28 Philly Cheesesteak Sub            Peppers &amp; Onions            Crispy Oven Baked Fries            Chilled Applesauce            Low Fat Milk              Option B            Option C</b>