

Northern Cambria Catholic School Lunch Menu October 2020– 2021

Weekly Lunch

Options:
OPTION B

Week 1-2:
Ham & Cheese Sandwich

Week 5-9:
Hamburger

Week 12-16:
Ham & Cheese Sandwich

Week 19-23:
Hot Dog

Week 26-30:
Ham & Cheese Sandwich

Menu Subject to Change

Milk Choices:
1% White & Flavored
Skim Milk

The Nutrition Group
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<u>MONDAY</u>	<u>TUESDAY</u>	<u>WEDNESDAY</u>	<u>THURSDAY</u>	<u>FRIDAY</u>
			1 Chicken Nuggets Freshly Sliced Bread French Fries Applesauce Low Fat Milk Option B	2 Cheese Pizza Steamed Broccoli Apple Slices Low Fat Milk Option B
5 Hot Dog Tater Tots Diced Pears Low Fat Milk Option B	6 Chicken Patty Sandwich Baked Beans Applesauce Low Fat Milk Option B	7 Cheeseburger Carrot Coins Mandarin Oranges Low Fat Milk Option B	8 Popcorn Chicken Freshly Sliced Bread Mashed Potatoes & Gravy Diced Peaches Low Fat Milk Option B	9 Pepperoni Pizza Steamed Broccoli Apple Slices Low Fat Milk Option B
12 Chicken Nuggets Freshly Sliced Bread French Fries Applesauce Low Fat Milk Option B	13 Pasta & Meat Sauce Freshly Sliced Bread Carrot Coins Mandarin Oranges Low Fat Milk Option B	14 Corn Dog Nuggets Golden Corn Diced Pears Low Fat Milk Option B	15 French Toast Sticks Sausage Patty Tater Tots Diced Peaches Low Fat Milk Option B	16 Cheese Pizza Baked Beans Apple Slices Low Fat Milk Option B
19 Chicken Patty Sandwich Baked Beans Diced Peaches Low Fat Milk Option B	20 Beef & Cheese Nachos Fluffy Rice Golden Corn Mandarin Oranges Low Fat Milk Option B	21 Meatball Hoagie Carrot Coins Diced Pears Low Fat Milk Option B	22 Popcorn Chicken Freshly Sliced Bread Steamed Broccoli Applesauce Low Fat Milk Option B	23 No School
26 Corn Dog Nuggets French Fries Mandarin Oranges Low Fat Milk Option B	27 Cheeseburger Baked Beans Applesauce Low Fat Milk Option B	28 Chicken Nuggets Freshly Sliced Bread Steamed Broccoli Diced Peaches Low Fat Milk Option B	29 Beef & Cheese Taco Fluffy Rice Golden Corn Diced Pears Low Fat Milk Option B	30 Cheese Pizza Mixed Vegetables Apple Slices Low Fat Milk Option B